# South Carolina AHEC

Lowcountry • Mid-Carolina • Pee Dee • Upstate

# Health Careers Modules

Register for free today:
WWW.SCAHEC.NET/LEARN

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# Introduction

South Carolina AHEC is offering 21 free self-paced online modules open to high school students in the state to develop academically proficient and self-confident future health care professionals. The offerings are in three categories: career preparation, soft skills, and healthcare terms and trends. The objective of the modules is to assist students with their expansion of knowledge and to fine tune their skill set.

Students can register on the South Carolina AHEC Learning Portal to access the modules. Regional Health Careers Program coordinators are available to assist with registration and to answer questions.

# Career Preparation Modules

## Career Exploration: the Clusters

Participants will learn about the five career pathways of healthcare, which are known as career clusters. This course includes a pre-test, post-test and evaluation.

Objectives:
- List the five career clusters of the health science field.
- Identify which health science career pathway(s) align with educational and professional goals.

[ View Module ]

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## Financial Literacy

Participants will learn about the importance of being financially secured while achieving a health professions education. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Understand key components of financial literacy.
- Develop a plan to help secure financial assistance for health professions education.

[ View Module ]

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# Health Career Exploration

Participants will explore several types of clinical and non-clinical health career options and analyze their own personal characteristics to see which career options may be a good fit. This course includes assignments and evaluation.

Objectives:
- Describe some of the skills needed to achieve success in health careers.
- Identify personal characteristics that may indicate which health career(s) would be a good fit.

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# Introduction to Health Careers

Participants will receive an overview of the health careers, including challenges, opportunities, and options. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Summarize why health care can be a good career field.
- Identify challenges and opportunities in the healthcare field.
- Describe several types of clinical and non-clinical health career options.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2551

# Research Skills

Participants will learn about study design and analysis of health science research. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Discuss how researchers apply the Scientific Method and ethical principles when conducting health science research.
- Define the types of study designs commonly used in the health sciences; Identify strategies for interpreting the findings of a scientific article.

View Module

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## Resume Development

Participants will learn how to provide a summary of their skills, abilities and accomplishments through a well-written resume and cover letter. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Explain the essential components of a resume.
- Develop a resume for application to a health professions education program.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2619

## Study Skills

Participants will learn how time management and study skills can help them succeed throughout their academic and career journey. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Identify strategies for effective study and time management.
- Reflect on personal learning style and its application to effective study strategies and time management.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2646

# Soft Skills Modules

## Character

Participants will learn about character traits of health professionals and how to strengthen your own character. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Define character and explain the importance of character.
- Describe character traits needed in health care.
- Analyze personal character traits and strategies to strengthen character.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2528

# Cultural Competence

Participants will learn about the importance of cultural competence and cultural humility for healthcare professionals. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Define culture, cultural competence, and cultural humility.
- Identify the importance of cultural competence in the healthcare field.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2689

# Interpersonal Skills

Participants will learn about the value of improving interpersonal skills for healthcare professionals. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Understand the importance of interpersonal skills.
- Identify areas for improvement in his/her own interpersonal skills.
- Recognize and adapt to different communication styles.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2692

# Leadership

Participants will learn about about leadership skills for health careers. This course includes an assignment and evaluation.

Objectives:
- Describe characteristics of leaders in healthcare.
- Explain the importance of effective healthcare leadership.
- List several ways to help sustain your healthcare leadership journey.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2378

## Professional Appearance & Demeanor

Participants will learn about the elements of professionalism, including appearance and demeanor. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Recognize the importance of professionalism.
- Summarize standards of professional appearance and demeanor.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2640

## Resilience

Participants will learn the importance of building resilience among healthcare professionals and strategies for building resiliency. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Explain the significance and characteristics of resiliency.
- Discuss strategies for building resiliency for healthcare professionals.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2644

# Healthcare Topics & Trends Modules

## Bloodborne Pathogens

Participants will learn about the risk of blood borne pathogens in the healthcare field along with prevention strategies. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Define bloodborne pathogens.
- Explain the occupational standards related to bloodborne pathogens.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2377

# Ethical & Legal Issues

Participants will learn how ethics plays an important role in the health care profession. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Identify how ethics plays an important role in the healthcare profession.
- Discuss current ethical issues in healthcare.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2746

# HIPAA Primer

Learn the basics of HIPAA in this online module and lay the foundation for becoming an ethical and law-abiding health professional. This module is an introduction to the principles of HIPAA and is not intended to provide a complete training on full compliance. This course includes a pre-test, post-test and evaluation.

Objectives:
- Discuss the importance of HIPAA.
- Identify protected health information.
- Apply the basic principles of HIPAA compliance in your role as a future health professional.

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https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2510

# Interprofessionalism

Participants will learn how critical interprofessionalism is for improving the delivery of health care. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Discuss the interprofessional delivery of health care.
- Identify characteristics of an effective interprofessional healthcare team.

View Module

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# Public Health

Participants will learn about public health core functions and essential services and explore career options within the field of public health. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Describe the purpose of public health and key terms used in public health.
- Discuss career options within the public health field.
- Identify prominent events in the history of public health and current public health priorities.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2693

# Social Determinants of Health

Participants will learn how social determinants of health contribute to health inequities. This course includes a pre-test, assignments, post-test and evaluation.

Objectives:
- Define health equity and health inequalities.
- Identify the role that social determinants of health play in affecting health inequities.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2641

# Telehealth

Students will receive a brief overview of telehealth in South Carolina, including history, terminology, and future directions. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Discuss how the history of telehealth has contributed to the current application of this technology in healthcare.
- Describe the modalities of telehealth and clinical applications.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2509

# Vulnerable Populations

Participants will receive an overview of vulnerable populations and participate in an interactive poverty simulation. This course includes a pre-test, assignment, post-test and evaluation.

Objectives:
- Identify at-risk populations that are more likely to experience poor healthcare conditions.
- Understand the effects of being a member of a vulnerable population.

View Module

https://www.scahec.net/SCHOOLS/Registration/VideoDetails.aspx?PID=2373

# Contact Us

If you need assistance, please contact your local coordinator:

## Lowcountry AHEC

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Counties Served: Aiken, Cherokee, Chester, Fairfield, Chesterfield, Kershaw, Lexington, Newberry, Richland, Union, York

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## South Carolina AHEC Program Office

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